**** The Islamia University of Bahawalpur

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**Tentative Course Plan**

**DEPARTMENT OF APPLIED PSYCHOLOGY**

**Class:B.S Semester-5th Session: 2018-2022**

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| **Instructor** | **Mehak Ikram** | **Email:** [**Mehakikram779@gmail.com**](mailto:Mehakikram779@gmail.com) | |
| **Course Title** | **Psychopathology** | **Program** | **B.S (MO)** |
| **Course Number** |  | **Credit Hours** | **03** |

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| **Lecture** | |  | | | | | |
| **Course Objective:**  This course will provide students with a understanding basic principles and psychological theories to understand adult abnormal behavior, abnormal personality and disorders.  **Course Outcomes:**  Upon successful completion of this course, the student will be able to describe   * The field of physiological psychology and its importance to the broader field of Psychology. * Describe the approaches used by scientists to study the biological basis of behavior. * Understand the basic structure and function of the neuron and the nervous system. * Understand the overall biological basis of the sensory systems, motor systems, and systems for the internal regulation of the body. * Understand both psychological and neurological causes of disorders. | | | | | | | |
| **Methods of Teaching**   * Assigned readings * Group activities & Discussion * Audiovisual aids lectures * Student-Directed Teaching | | | | | | | |
| **Resource Material** | | Books Prescribed:  1. Handbook of Psychopathology   **THIRD EDITION**  **Edited by**  **Patricia B. Sutker**  **and**  **Henry E. Adams**   1. American Psychiatric Association (2000). *Diagnostic and Statistical Manual of Mental Disorders - Text Revised* (4th ed.). India: Jaypee Brothers. | | | | | |
| 2.Reference Book | | 3. Research Journals | | | |
| i | Sadock, Benjamin J., & Sadock, Virginia A. (2001). *Pocket Handbook of Clinical Psychiatry*  ( ed.). Lippincott Williams and Wilkins. | I  ii | Journal of neuropsychological society .USA  Journal of Abnormal Psychology | | |
| 3. Web Resources | |  | | | |
|  | **American Psychological Association**  [www.apa.org](http://www.apa.org) | 1. ii |  | | |  |
| **Office Help Hours** | | Thursday & Friday : 08:0am to 11:00 a.m | | | | | |
| **Grading** | | Exam (Date to be announced)  Mid- Exam (30%) Final Exam (50%) Problem Session/Assignments (20%) | | | | | |
| **Problem Session** | | Tuesday: 10: 00 a.m. Department of Applied Psychology Office | | | | | |
| **SEQUENCE OF TOPICS TO BE COVERED** | | | | | | | |
| Session # | Topics | | | | Chapter # | Tutorial /Laboratory | |
| **1** | **Introduction** | | | |  |  | |
| **2 & 3** | The Classiﬁcation of Abnormal Behavior: An Overview . briefly explain about psychopathology | | | | **01** | **Assignment on** concept of normality and abnormality | |
| **4 & 5** | Behavior Genetic Approaches to the Study of Psychopathology. | | | | **02** | **Class discussion** | |
| **5 & 6** | **Introduction of DSM-05 and ICD-10**  Types of Mental disorders | | | | **DSM 05** |  | |
| **7& 8** | **Depressive disorder** Symptoms, Prevalence, Types, Course, Diagnosis and  Etiology | | | | **DSM 05** | **Quiz** | |
| **9 & 10** | **Anxiety Disorders**  Symptoms,  Prevalence,  DSM criteria  Types | | | | **DSM 05** | **Class discussion** | |
| **11 & 12** | **Obsessive compulsive and related Disorders**  Types  Etiology | | | | **DSM 05** | **Quiz** | |
| **13 & 14** | **Trauma and stress related disorder:**  Symptoms, Prevalence, Types, Course, Diagnosis and  Etiology | | | | **DSM 05** | **Class discussion** | |
| **15** | **Mid Term Exam** | | | | Course/Discussion  from session 1 to 14 | | |
| **16 & 17** | **Schizophrenia Spectrum and other Psychotic Disorders:** Symptoms, Prevalence, Types, Course, Diagnosis and  Etiology | | | | **DSM 05** | | **Class discussion** |
| **18 &19** | **Bipolar and related disorder**  Symptoms, Prevalence, Types, Course | | | | **DSM 05** | | **Quiz** |
| **20 &21** | **Bipolar and related disorder (Continue…)**  Diagnosis and  Etiology | | | | **DSM 05** | | **Class discussion** |
| **22 & 23** | **Personality disorders**: Symptoms, Prevalence, Types, Course, Diagnosis | | | | **DSM 05** | |  |
| **24 &25** | **Personality disorders**:,  Course, Diagnosis  Etiology | | | | **DSM 05** | | **Class discussion** |
| **26 &27** | **Substance related disorder** : Symptoms, Prevalence, Types, Course, Diagnosis | | | | **DSM 05** | | **Quiz** |
| **28 &29** | **Presentations**  **/Review and queries** | | | |  | |  |
| **30** | Final Term Exam | | | |  | | |

**Student Evaluation criteria:**

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| Attendance | 5% |
| Workshop / Assignments/Case study | 5% |
| Surprise Test/Sudden Test , Quizzes | 5% |
| Class Participation | 5% |
| Mid Term Paper | 30% |
| Final Term paper | 50% |
| **Total** | **100%** |

**Student Responsibilities**:

Students must attend class.  Failure to attend class may result in failure in the course.  Students must also arrive on time and remain in class for the entire period.  Cellular Phones and Beeper must be Turned off (Proper classroom decorum [behavior] adopts, Course outlines and calendars explain requirements and assignments, students are responsible for knowing what they say.  Students are also responsible for doing all assigned work on time. Excessive absences (more than 03) will result in “F Grade”. Students may prepare Sketchbook for taking notes and for references.

**Instructor/Tutor**

**Approved by:**

**Dean/ Chairman/ HOD/ Subject Specialist/ Program Coordinator**